



My Kindy Winter Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Popcorn & Sultanas	Veggie Quesadillas	Popcorn & Sultanas	Veggie Quesadillas	Popcorn & Sultanas
Week 2	Hawaiian Pizza	Organic yoghurt w/ oats and fresh fruit	Hawaiian Pizza	Organic yoghurt w/ oats and fresh fruit	Hawaiian Pizza
Week 3	Vegemite & Pizza Scrolls	Crackers, Cheese, Veggie Stick & Dip	Vegemite & Pizza Scrolls	Crackers, Cheese, Veggie Stick & Dip	Vegemite & Pizza Scrolls
Week 4	Rice Cakes w/ Toppings	Rainbow Rice	Rice Cakes w/ Toppings	Rainbow Rice	Rice Cakes w/ Toppings
Week 5	Damper Dip	Popcorn & Sultanas	Damper Dip	Popcorn & Sultanas	Damper Dip
Week 6	Organic yoghurt w/ oats and fresh fruit	Vegetable Noodle Stir-fry	Organic yoghurt w/ oats and fresh fruit	Vegetable Noodle Stir-fry	Organic yoghurt w/ oats and fresh fruit
Week 7	Banana, Honey & Cinnamon Muffins	Mexican Dip & Crackers	Banana, Honey & Cinnamon Muffins	Mexican Dip & Crackers	Banana, Honey & Cinnamon Muffins
Week 8	Crackers, Cheese, Veggie Stick & Dip	Rice Paper Rolls	Crackers, Cheese, Veggie Stick & Dip	Rice Paper Rolls	Crackers, Cheese, Veggie Stick & Dip
Week 9	Grilled Sandwiches on Multigrain	Rice Cakes w/ Toppings	Grilled Sandwiches on Multigrain	Rice Cakes w/ Toppings	Grilled Sandwiches on Multigrain
Week 10	Popcorn & Sultanas	Veggie Fettuccini	Popcorn & Sultanas	Veggie Fettuccini	Popcorn & Sultanas
Week 11	Coconut Cake	Mexican Dip & Crackers	Coconut Cake	Mexican Dip & Crackers	Coconut Cake